

## RECREATIONAL SPORTS AND SERVICES

618-453-1277  
reccntr@siu.edu

### ACCESS INCLUSIVE RECREATION

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#### Contact Us

**Student Recreation Center**  
300 East Grand Avenue, MC 6717  
Carbondale, IL 62901  
618-453-1277  
[reccntr@siu.edu](mailto:reccntr@siu.edu)



Students and patrons enjoying adaptive volleyball.

#### What is Access Inclusive Recreation (AIR)?

Recreational Sports and Services celebrates diversity and community by offering inclusive recreational facilities, programs, and services to all SIU students and members of the Student Recreation Center.

Access Inclusive Recreation (AIR) is designed to provide support to whomever wishes to utilize the facility, programs, and services offered by Recreational Sports and Services. We recognize and respect that some individuals require additional support to overcome barriers that impact access and/or inclusion. Be it a physical disability or an emotional/psychological situation, the aim of AIR is to clear the path for ALL to gain access to the wide variety of options for inclusion in all facets of our programs and services.

#### Participation in the AIR program begins with a referral

- Click [here](#) to fill out our online referral form.
- Click [here](#) to download the referral form (fill out by hand).

Individuals can refer themselves or may be referred by another source such as a faculty/staff person, a counselor, a Resident Advisor, etc.

#### Why might a referral be made?

- You are a student who would like to use the facility but due to a disability you are not able to independently access the fitness equipment that you would like to use.
- You are a student who has the desire to come to the facility but have anxiety with unfamiliar settings/scenarios and would like support from a companion to reduce the anxiety barrier.
- You are a student who is experiencing depression and/or isolation and have been recommended to the Student Recreation Center as a means to gain a sense of inclusion and find community through engaging in healthy activities.

#### REFERRAL FORMS

[ONLINE REFERRAL FORM](#)

To apply to the AIR program, fill out the online form or download a referral form to fill out by hand [here](#).

For details on eligibility, referrals, and fees, please contact:

**Sally Wright**  
618/453-2511  
[wright1@siu.edu](mailto:wright1@siu.edu)

#### MEMBER SERVICES CENTER

Location: First Floor

Student Recreation Center

Phone: 618/453-1277

#### HOURS OF OPERATION:

[VIEW HOURS](#)